

New at *CCP*

ILS Services



CCP is now offering **ILS Services** to adults living in Ramsey and Washington counties. We believe in a balanced approach that focuses not only on supporting individuals in areas they need to develop skills in but also in and identifying maximizing their strengths.

Some of the areas we offer training and assistance in include:



- Socializing, making friends, building positive relationships
- Self care skills, physical health and mobility
- Learning to manage and cope with upsetting situations, resolving conflicts
- Developing communications skills
- Making choices, thinking through decisions
- Learning about and using neighborhood resources
- Household management and routines



For more information about CCPs ILS Services contact John Rentschler at 651-379-9711 or by email at jrentschler@theccpinc.com.